

## **Circular- SABAL Awards 5<sup>th</sup> Edition**

Sabal Awards is a celebration of the spirit of persons with disabilities, who are reclaiming the world, one performance, painting, or poem at a time. It is a step forward towards a more inclusive society, to applaud and celebrate talent among Persons with Disability. The information on the different categories that can be applied for are mentioned below.

**Last Submission Date: 5<sup>th</sup> September 2024**

### **(A) Sabal Awards for Spirit of Expression\***

A platform aimed at unearthing and recognising talent and skill of persons with disability, in Performing Arts, while contributing to the personal development of the individual. Through this, Sabal aims to build counter narratives of normality and beauty related to performing arts, breaking stereotypes, and also celebrating the spirit to express emotions through various art forms. It invites entries in the following categories, with exclusive emphasis on participation of persons with intellectual disability through “Sabal Exceptional Performer”,

1. Sabal Vocalist
2. Sabal Artist
3. Sabal Dancer
4. Sabal Performer (Only for PwID)
5. Sabal Wordsmith
6. Sabal Musical Maestro

### **(B) Sabal Awards for Spirit of resilience**

Sabal Spirit of Resilience is an attempt to recognize the stories of resilience amongst persons with disability to break the stereotypical understanding of “disability as liability” and it also emphasis on the contribution of the person without disability in the journey of dignified life for everyone.

1. Sabal Change maker
2. Sabal Role Model
3. Sabal Saathi

### **(C) Sabal Design Thinking for rural Innovation**

To celebrate the spirit of innovation and the quest for excellence amongst persons with disability and person without disability, by recognising any viable Innovative solution which assist the persons with disability in achieving independent dignified life in rural area. Solutions which may be technical, non-technical, digital, low cost, replicable, indigenously developed individually or in the group. Social entrepreneurs who are solving day to day challenges in the life of persons with disabilities are encouraged to apply.

## **A. Sabal Spirit of Expression**

### **1. Sabal Vocalist-Singing Competition**

1. The applicant should be a citizen of India
2. The applicant must have a disability certificate issued by competent authority as described in Rights of Persons with Disabilities Act, 2016
3. Individuals of all ages and all genders are encouraged to apply
4. Type of disability- All type of disability as per RPWD Act, 2016 with valid disability certificate. (Except Intellectual disability, separate category-Sabal Performer)

Note: If you are in the top 3 position of the earlier sabal awards in this category, then you are not eligible to apply in this category, however you can apply to the other categories of your interest.

#### **1.1 Submission Guidelines:**

- Video recording of the song must not exceed 1 minute 30 Seconds (90 seconds)
- All singing styles or genres will be accepted. The audio may be recorded in your home or outside as long as environment/surface is safe for the performer.
- The audio file should be good quality wherein the participant's voice is clear and audible
- A Video file of the applicant singing the song should be submitted via Sabal Application: [Link](#)

#### **1.2 Audio files will be rejected if:**

- Video exceeds the above-mentioned duration of 90 seconds
- Video is not clear
- Video is in any format other than the above prescribed formats. The applicant has not submitted personal details as sought in the registration form

#### **1.3 The following prizes will be awarded**

Exciting Prizes, memento, certificate, and opportunities of your interest

## 2. Sabal Artist- Painting Competition

### 2.1 Eligibility: -

- The applicant should be a citizen of India
- The applicant must have a disability certificate issued by competent authority as described in Rights of Persons with Disabilities Act, 2016
- Individuals of all ages and all genders are encouraged to apply
- Type of disability- All type of disability as per RPWD Act, 2016 with valid disability certificate (Except Intellectual disability, separate category-Sabal Performer)

Note: If you are in the top 3 position of the earlier sabal awards in this category, then you are not eligible to apply in this category, however you can apply to the other categories of your interest.

### 2.2 Submission Guidelines

- Only one painting will be considered per applicant
- An image or video of the painting should be submitted via Sabal Application (Link)
- Dimensions of the artwork should be – 10’’x 16’’ to 12’’ x 18’’ (LxB-Inches)
- The image of the artwork should not be more than 3 MB in JPEG/PNG format
- A 1-minute video of the performer creating the artwork should be submitted (length of this video should not exceed 60 seconds)- Advisable to have Private YouTube link

Note: Artwork must be fresh, original, & must not be a replica / copy of any artwork that has been submitted before or after by the applicant at another competition

### 2.3 Artwork will be **rejected** if:

- The application procedure and submission guidelines as enumerated above are not followed

*Note: By submitting the artwork the applicant accepts that the artwork is his/her original work, and in case of any dispute regarding the originality of the artwork, the applicant will be responsible.*

### 2.4 The following prizes will be awarded

Exciting Prizes, memento, certificate, and opportunities of your interest

## 3. Sabal Dancer

### 3.1 Eligibility: -

- The applicant should be a citizen of India
- The applicant must have a disability certificate issued by competent authority as described in Rights of Persons with Disabilities Act, 2016
- All dance forms are accepted
- Individuals of all ages and all genders are encouraged to apply
- Type of disability- All type of disability as per RPWD Act, 2016 with valid disability certificate (Except Intellectual disability, separate category-Sabal Performer)

Note: If you are in the top 3 position of the earlier sabal awards in this category, then you are not eligible to apply in this category, however you can apply to the other categories of your interest.

### 3.2 Submission Guidelines:

- Submit the dance video via Sabal Application
- Applicants are requested to ensure that good quality videos (resolution of 480p onwards) are submitted.
- the applicant's moves should be clearly visible and the face should be recognizable in the video
- Videos may be filmed in your home or outside, as long as the environment/surface is safe for the performer.
- Length of the dance video should not exceed 1 minute 30 Seconds (90 seconds)

### 3.3 Videos will be **rejected** if:

- Submitted videos are performed in unsafe environments or on unsafe surfaces
- The video submitted, exceeds the above-mentioned duration of 90 seconds
- The face of the performer is not visible and moves of the performer not clear
- The participant does not submit personal details as sought in the registration form

### 3.3 The following Prizes will be awarded

Exciting Prizes, memento, certificate, and opportunities of your interest

## 4 Sabal Exceptional Performer: Various Art form

This will be an open theme competition for persons with intellectual disability to showcase various skills and to canvass their imaginative aptitude.

Type of disability: - Only for Person with Intellectual disability (2) (PwID), as specified by RwpD Act 2016 ([See clause (zc) of section 2

#### 4.1 Eligibility:-

- The applicant should be a citizen of India
- The applicant should be from the above-mentioned disability category
- The applicant must have a disability certificate issued by competent authority as described in Rights of Persons with Disabilities Act, 2016
- Individuals of all ages and all genders are encouraged to apply

Note: If you are in the top 3 position of the earlier sabal awards in this category, then you are not eligible to apply.

#### 4.2 Submission Guidelines:

The applicant can apply for **any one category** from the ones mentioned in the list below:

1. Painting/drawing/sketching
2. Dancing
3. Singing
4. Musical instrument only
5. Musical instrument with singing
6. Mimicry
7. Acting
8. Poetry recitation
9. Story recitation
10. Any other

**To apply** for any of the above-mentioned categories, the applicant must submit a one-minute audio/video via Sabal Application, which does not exceed 90 seconds in which the participant is clearly audible and/or visible, as the case may be, while performing.

#### 4.3 The following prizes will be awarded

Exciting Prizes, memento, certificate, and opportunities of your interest

### 5 **Sabal Wordsmith:** Long Form Essay & Poem

#### 5.1 Eligibility: -

- The applicant should be a citizen of India
- The applicant must have a disability certificate issued by competent authority as described in Rights of Persons with Disabilities Act, 2016
- Individuals of all ages and all genders are encouraged to apply

Note: If you are in the top 3 position of the earlier sabal awards in this category, then you are not eligible to apply in this category, however you can apply to the other categories of your interest.

### **5.2 Process of submission:**

- Register on the Sabal Application
- Word limit (for essay): 1,500-3,000
- No word limit for poem
- The fiction piece (poem/essay) should be an original composition
- Format: Times New Roman, Size 12, Spacing: 1.5/2.0, Justified text
- File: PDF/Word File
- Email the document to: Sabal Email Id ([tsf.sabal@tatasteelfoundation.org](mailto:tsf.sabal@tatasteelfoundation.org))

### **5.3 The document will be rejected if:**

- The document sent is non-fiction
- The document sent is copied/plagiarised

### **5.4 The following prize will be awarded**

Exciting Cash Prizes, memento, certificate, and various other opportunities

## **6 Sabal Musical Maestro**

Type of disability- All type of disability as per RPWD Act, 2016 with valid disability certificate excluding ID (Specific category for ID is Sabal Exceptional Performer)

### **6.1 Eligibility:-**

- The applicant should be a citizen of India
- The applicant must have a disability certificate issued by competent authority as described in Rights of Persons with Disabilities Act, 2016
- All types of musical instrument are allowed for participation
- Individuals of all ages and all genders are encouraged to apply

Note: If you are in the top 3 position of the earlier sabal awards in this category, then you are not eligible to apply in this category, however you can apply to the other categories of your interest.

### **6.2 Submission Guidelines:**

- Submit the video via Sabal Application
- Applicants are requested to ensure that good quality videos (resolution of 480p onwards) are submitted.
- the applicant's musical sound should be clearly audible and the face should be recognizable in the video
- Videos may be filmed in your home or outside, as long as the environment/surface is safe for the performer.
- Length of the music video should not exceed 1 minute 30 Seconds (90 seconds)

#### 6.3 Videos will be **rejected** if:

- The video submitted, exceeds the above-mentioned duration of 90 seconds
- The face of the performer is not visible and the sound of the musical instrument is not clear
- The participant does not submit personal details as sought in the registration form

#### 6.4 The following Prizes will be awarded

Exciting Prizes, memento, certificate, and opportunities of your interest

### **B. SABAL Awards for Spirit of Resilience**

B.1 Sabal Change Maker – PwDs who have demonstrated resilience in term of serving the society at large thus creating positive change in the society.

#### Eligibility

1. Person with disability as per RPwD Act, 2016 with valid disability certificate
2. The applicant should be a citizen of India
3. Open for all ages and gender

Note: If you already received the award of the earlier sabal awards in this category, then you are not eligible to apply in this category, however you can apply to the other categories of your interest.

#### Submission Guidelines

- Details must be submitted as per the format shared by Sabal after registering through Sabal Application
- The File need to be sent to ([tsf.sabal@tatasteelfoundation.org](mailto:tsf.sabal@tatasteelfoundation.org))
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**B.2 Sabal Role Model**– PwDs who have demonstrated resilience in their life journey and overcame many odds to reach their goal.

#### Eligibility

1. Person with disability as per RPwD Act (2016) with valid disability certificate.
2. The applicant should be a citizen of India
3. Open for all ages and gender

Note: If you already received the award of the earlier sabal awards in this category, then you are not eligible to apply in this category, however you can apply to the other categories of your interest.

#### Submission Guidelines

- Details must be submitted as per the format shared by Sabal after registering through Sabal Application
- The File need to be sent to ([tsf.sabal@tatasteelfoundation.org](mailto:tsf.sabal@tatasteelfoundation.org))
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### **B.3 Sabal Sathi**

#### Eligibility

It is an open category (applicant(s) may or may not be person with disabilities). It aims to recognize dedication and devotion of individuals who are crusaders for the rights and welfare of people with disabilities.

#### Submission Guidelines

- Details must be submitted as per the format shared by Sabal after registering through Sabal Application
- The File need to be sent to ([tsf.sabal@tatasteelfoundation.org](mailto:tsf.sabal@tatasteelfoundation.org))
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#### Awards

All the above categories will have memento, certificate, and various other opportunities.

### **(C) Sabal Design thinking for rural innovation**

#### Eligibility

It is an open category (applicant(s) may or may not be person with disabilities). It aims to recognize dedication and devotion of individuals who are innovators and designer for the rights and welfare of people with disabilities living in rural part of the country.



### Submission Guidelines

- Details must be submitted as per the format shared by Sabal after registering through Sabal Application
- The File need to be sent to ([tsf.sabal@tatasteelfoundation.org](mailto:tsf.sabal@tatasteelfoundation.org))

### Awards

Exciting Prizes, memento, certificate, and opportunities of your interest

### **\*Terms & conditions**

1. Team Sabal is the final authority on rejecting the application at any stage if the same is found unsatisfactory
2. The final authority to decide on the winners will rest with Team Sabal as per the process of the competition and the final decision of the jury
3. By registering for this competition, you accept the terms and conditions of the competition.
4. By registering you give your consent to Sabal to leverage your original work for promotional purposes (due credit will be given to the applicant)

[tsf.sabal@tatasteelfoundation.org](mailto:tsf.sabal@tatasteelfoundation.org)

Helpline Number: 8076852861 (9:00 am – 6:00 pm)

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